

Use this dosing calendar to stay on track with treatment.

Each day when you take your dose, mark the checkbox and use the space provided to make a note of the time and date.

EACH DOSE SHOULD BE TAKEN WITH FOOD.


STEP 1

STEP 2

STEP 3

DAY 1

1 tablet once per day




18.2 mg

Notes (including time and date):

DAY 2

1 tablet once per day




18.2 mg

Notes (including time and date):

DAY 3

1 tablet once per day




18.2 mg

Notes (including time and date):

DAY 4

2 tablets once per day



2 x 18.2 mg

Notes (including time and date):

DAY 5

2 tablets once per day




2 x 18.2 mg

Notes (including time and date):

DAY 6

2 tablets once per day




2 x 18.2 mg

Notes (including time and date):

DAY 7

2 tablets once per day




2 x 18.2 mg

Notes (including time and date):

DAY 8

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 9

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 10

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 11

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 12

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 13

3 tablets once per day




3 x 18.2 mg

Notes (including time and date):

DAY 14

3 tablets once per day



3 x 18.2 mg

Notes (including time and date):

After Day 14 your doctor may increase your dosage to 72.6 mg depending on your clinical response and tolerability.

Increased risk of suicidal thoughts and actions. EXXUA and other antidepressant medicines may increase suicidal thoughts and actions in some people 24 years of age and younger, especially within the first few months of treatment or when the dose is changed. Depression or other mental illnesses are the most important causes of suicidal thoughts or actions.

What is EXXUA? EXXUA is a prescription medicine used to treat adults with a certain type of depression called major depressive disorder (MDD). **EXXUA is not for use in children.**

The most common side effects of EXXUA include: dizziness, nausea, headache, trouble sleeping, stomach (abdominal) pain, and upset stomach.

Please read the Medication Guide that comes with your prescription. If you have questions or would like more information, talk with your healthcare provider or visit EXXUA.com.